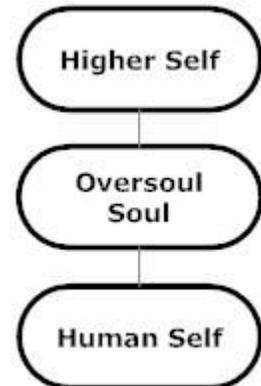


Soul and Oversoul

As we move through a process of spiritual awakening and transformation, as described in the “Life 101” module of this website, a wide range of possibilities and experiences begins to open to us. Most of these involve our *soul*.

We indicated previously that our soul and oversoul are essentially an intermediate level that exists between our Higher Self and our human self, as depicted in the diagram. Let’s explore this in more detail.

Whereas our Higher Self is the individualized essence of our Creator, and remains in a state of perfection, our soul and oversoul represent our cumulative life experiences. At the end of a human lifetime here on Earth, the memory of our experiences are integrated into our soul and oversoul. And prior to entering into a new life experience here on Earth, it is our soul and oversoul that, in concert with our Higher Self, and our guides and mentors, create a Life Plan for the upcoming life experience.



What is the difference between our soul and our oversoul? Sometimes the analogy of a human hand is used to describe the relationship between the two. The fleshy part of the hand would represent the oversoul, while a soul would be represented by one of the fingers. This obviously implies that there is more than one soul that is associated with a particular oversoul.

A model that we like to use to explain the relationship between an oversoul and the related souls is the image at the right. If one has 13 spheres, all exactly the same size, 12 of the spheres will fit perfectly around the 13th sphere in the center. Each of the 12 peripheral spheres is in direct contact with central 13th sphere. So in this model, the center sphere would represent the oversoul, and each of the 12 peripheral spheres would represent a soul that is an integral part of the “oversoul cluster”.



Such a clustered arrangement enables more than one soul units of the oversoul to extend into human embodiments “simultaneously”, thus expanding the collective experience of the oversoul cluster. The oversoul itself does not enter into physical embodiment . . . it always remains within the higher realms so that it can oversee and guide the collective experience. The realm in which the oversoul resides is the “Eternal Now”, which is outside of the time-space domain. So the individual soul units can, and often do, extend into embodiments that are in different time periods, as we experience time here on Earth.

Parallel Experiences

Each soul of the cluster has ongoing roles and responsibilities within the non-physical realms, whether or not it is currently involved with a physical embodiment. For example, it may be involved in learning experiences in the “Halls of Learning”, either as a student or a teacher, depending on the level of evolutionary development of the soul. Or it may be involved in a wide range of other activities. If a soul is currently involved with a human embodiment, most of these activities take place while the human body is asleep. The body in which a soul functions within the non-physical realms is sometimes referred to as a “Light body” or “traveling body”. Even while the human body is awake, the soul continues to monitor what is going on within the higher

realms, and sometimes in needs to partially withdraw its focus on the human self to carry out responsibilities within the non-physical realms. During such situations, the human self may experience a sense of drowsiness, or a feeling that it is “not all here” . . . indeed it is not!

When the human self begins to awaken after it has been sleeping, there is usually a period of time before consciousness fully returns to the body in which there may be “bleed-through” of awareness from within the non-physical realms. This may be in a form similar to a dream, or it may come through as an intuitive feeling. A few people who are well along in their spiritual awakening process may actually “remember” some of what was happening in the non-physical realm.

Functioning as a “Collective”

It is also possible for more than one of the souls of an oversoul cluster to extend into the same embodiment. And in fact, because of the importance of this particular lifetime as Earth moves to completion of a long cycle of evolution, many (if not most) oversoul clusters are “consolidating” into a single embodiment. Since each soul unit has its own history, and therefore its own unique characteristics, such a consolidation can be a very ‘interesting’ experience. The embodiment functions more as a “collective”, with different souls of the group moving into the forefront at different times. This can be a very unusual, and sometimes challenging experience for the person involved.

For example, If “Soul A” was in the forefront yesterday, and “Soul B” is in the forefront today, Soul B tends to not remember the experiences that the embodiment had yesterday with the same clarity as Soul A would if Soul A was still in the forefront.

Functioning as a collective can also present some challenges with regard to relationships, since each of the individual souls of the cluster tend to have their own personality characteristics. If you are a person who has undergone this form of a soul consolidation and is now functioning as a collective, people who are close to you in your life, such as a mate, may experience you as having a multiple-personality disorder. And if your mate or a close friend is sensitive to energies, they often will see the shift in the energies in your eyes. So for them, it is almost like living with a kaleidoscope . . . they don’t quite know who (which soul) is going to be present in any given moment.

For the sake of accuracy we should acknowledge that not all oversoul clusters involve 12 soul units being associated with an oversoul . . . it all depends of the level of evolvement of the oversoul cluster. But even if a particular oversoul cluster has less than 12 soul units, all of the same concepts and considerations still apply.

“Non-Human” Soul Histories

To complicate matters further, virtually all of us have had past embodiments in forms other than human. Those embodiments may have been here on Earth, or perhaps in other celestial systems. For example, we know that here on Earth the cetaceans (dolphins and whales) are sentient beings. And many of the spiritually evolved souls who are now here on Earth have had experiences as a dolphin or whale in other lifetimes. That experience is, of course, retained on the memory of the soul and oversoul. So in the present lifetime in a human form, they still tend to carry an affinity (resonance) with the cetaceans. And they may also tend to feel more comfortable in a heavier body that is more similar to a cetacean shape.

Also, many souls have had experiences within the angelic kingdom, and tend to carry the angelic consciousness with them in their current human form. Angelic consciousness is recognizable by its feeling of “lightness”, and usually the body form tends to be sleight or petite.

Also, throughout the many past experiences of most souls, they on occasion may have chosen to experience life as a form within the nature kingdom, such as a tree deva, or mountain deva, or one of the many animal forms. In the celestial systems throughout the Universe, there is a virtually infinite number of different body forms into which souls may incarnate. Many of these forms are similar to animal forms that are present here on Earth, but which have evolved to a high degree . . . to a state of “sentiency” and beyond. If a soul has an extensive history of embodiments in one of these forms, such as a feline form for example, the human body in which they are currently embodied here on Earth may take on a feline appearance, especially in the facial features. If one’s soul has a long history in other than humanoid forms, it is not uncommon in the early moments of awakening from sleep to feel a bit strange being in a human body.

Soul Transfers (Walk-Ins)

Next, let’s consider the subject of “*soul transfers*”, more commonly known as “*walk-ins*”. One of the early books on this subject, *Strangers Among Us*, was written by Ruth Montgomery in the mid-1970’s. A “walk-in”, as she introduced the concept, is a situation in which the soul that has been associated with an embodiment since birth agrees to leave the body and make it available to be embodied by a different soul. There are various reasons why a soul might agree to do this. For example, it may involve a person that is very discouraged with life, and no longer wants to live. So, rather than going through the death of the physical body, the original soul may make it available for another soul to embody. The “incoming” soul has to agree to take on all of the “karmic” responsibilities of that life, such as children (if there are any) or perhaps aged parents, and so on.

In every walk-in situation, there must be complete agreement between the outgoing and incoming souls. But since the agreements are made at the soul level, the human self may not be aware that a soul transfer (walk-in) has been agreed to. And since the incoming soul inherits the memory of the body that it comes into, the human self is usually not aware, at least initially, that a soul transfer has taken place.

In Ruth Montgomery’s book, she indicated that an incoming soul is almost always a more evolved soul than the outgoing soul. This gave rise to an impression that if someone is a “walk-in”, they must be a very evolved person. While it is true that a soul must be at a certain level of evolutionary development before it is permitted to come in as a walk-in, and it is also true that many of the souls who came in as walk-ins during the 1970’s and 1980’s were highly evolved “Lightworkers” souls, many of the souls who have come in as walk-ins during the past few decades have struggled to acclimate to the human life situation they have entered. And more than a few have allowed themselves to be diverted from their soul’s mission and purpose.

There have also been some misconceptions about the circumstances under which the actual soul transfer takes place. The earlier perspectives were that the transfer almost always took place in conjunction with a traumatic situation, such as a car accident or severe illness. Although that seems to be true in some cases, there are many soul transfers that seem to take place rather seamlessly, without trauma involved. It is true, however, that in some cases trauma tends to shatter rigid energy patterns, making it easier for the incoming soul to integrate into the human form.

Although most soul transfers seem to take place in mid-life, they occasional take place during the first few years of life, or even in the senior years. And a few people have undergone multiple walk-in experiences, separated by a few years, or in some cases several years.

The most noticeable and challenging issues for an incoming soul is that it quite likely will not have the same feelings for family members and friends . . . this tends to especially apply to spouses. So quite often marriages do not survive long after a soul transfer takes place.

What are the advantages for a soul to come in as a walk-in rather than through the natural birth process? Assuming that the soul transfer takes place in mid-life, the incoming soul can focus on its mission and purpose much more quickly, without having to go through the stages of infancy and growing up years. The risks are that it is all too easy to become entrapped in personality patterns that are already well established . . . patterns that may not be supportive to the life plan of incoming soul.

Soul “Braiding”

Soul “braiding” is a term used to describe a process whereby a new soul *merges* into an existing embodiment, but the original birth soul does not leave. It is similar to the process described earlier in which more than one soul of an oversoul cluster enter into the same embodiment. Soul braiding, however, can also involve the merging in of a soul from a different soul cluster. In this sense, it becomes more like a “hybrid”.

Also, soul braiding sometimes involves a more temporary situation, whereby a new soul merges in for a period of time, and then later withdraws. For example, one case we are aware of involved a soul who had never been embodied on earth before, who wanted to experience what it was like to be embodied in human form here on Earth for a few days before making a decision to embody for a full lifetime. Another example would be a situation in which a soul with special talents and abilities may want to come into an embodiment for a year or two to carry out a special mission.

Entities (“uninvited guests”)

Now let’s shift gears and discuss a very different situation, but one that could be confused with the walk-in or braiding situation.

When a soul completes a lifetime here on Earth, it is intended that the soul will return to the higher realms, and resume their evolutionary journey in those realms. However, in some cases, a soul may be unwilling or unable to fully separate itself from the human realm. This may be for a variety of different reasons. One of the more common reasons involves addictive behavioral patterns such as alcohol or drug abuse, gambling addiction, or sexual addictions.

In such cases, when the soul leaves (through death) the body in which the addictive behavior patterns were formed, it is attracted to places or situations in which living humans are involved in these behaviors, such as bars, gambling casinos, strip joints or bordellos. However, when the soul is no longer in a physical body, it can only observe other humans that are involved in these behaviors, but it cannot experience the *feelings* of the addictive behaviors. The only way they can do that is to merge into the embodiment of someone who is involved in these behaviors, and experience it through that person’s body. All too often in such cases, the wayward soul

then becomes “entrapped” in the body of the other person, and does not know how to leave, or perhaps does not want to leave.

From the perspective of the person who has been invaded by the wayward soul, it is what is commonly referred to as being “possessed”, or as having an “entity” within the body. The best protection from being invaded by such a disembodied entity is to maintain a strong and healthy energy field, and of course, to avoid addictive behaviors. Unfortunately, drugs and alcohol severely *weaken* ones energy field, and makes such a person especially vulnerable to intrusion.

There are other situations which commonly attract entities. Most common are situations that involve “emotional vulnerability”. An example would be a person who becomes distraught over the death of a family member or friend. Such a person might then attract a disembodied entity who would, with all good intentions, attempt to console them. If the entity is not careful, however, it can become entrapped in the body of the distraught person. And frequently such entrapments continue on for many years . . . in some cases, a lifetime.

From the perspective of the person with the attached entity, it is *never* a healthy situation, regardless of whether the original intent of the entity was for selfish pleasures, or compassionate supportiveness. First and foremost, having an attached entity is a drain on the energy level of the body. Secondly, it can result in personality disorders . . . if the attached entity had a strong or abusive personality, that can at times overshadow the personality of the person involved. And thirdly, having an attached entity can create a severe distraction from the life plan of the person involved.

We have found that if a person has one attached entity, it is likely that they will have more than one. And the more entities a person has, the greater the drain on their energy level. We believe that many cases of Chronic Fatigue Syndrome are essentially nothing more than a situation involving attached entities.

How does one know if a person has one or more attached entities? Inconsistency in personality characteristics is one of the most common indicators . . . sometimes pleasant, but at other times coarse or abusive. Also, a person with attached entities tends to avoid direct eye contact . . . the entities are in effect “hiding” inside, and they are afraid that they might be seen . . . and indeed they can be seen by skilled spiritual counselor.

We are aware of two spiritual counselors who are particularly adept at recognizing and facilitating the release of attached entities. They can be found at: www.acrossdimensions.com or www.heart-soul-healing.com.